

# MUSIC PROGRAM

“Playing music is the brain’s equivalent of a full body workout” Maria Popova

## Develop brain skills

Did you know that you engage practically every area of the brain while playing an instrument? Type in “TED-Ed music” on YouTube and look for “How playing an instrument benefits your brain” by Anita Collins for more information.

## Musical Benefits

rhythm

problem solving

planning

cooperation

patience

fine motor skills

large motor skills

social skills

memory efficiency

attention to detail



## MUSIC is for EVERYONE

You can listen to it, feel it, dance to it, see it, concoct it with you body, create it with your voice, make it with a friend...the possibilities are endless.

At Music we engage in appreciating as many aspects as possible. Listening, singing, dancing, playing along, chanting, tapping, twirling, and learning.

We sing older songs with the newer...from Classical and Jazz to Rock and Modern. We appreciate music from many countries, like Japan, Israel, and Africa. We use instruments of all sorts. All honoring to God and to each other.

Mrs. Faver



Make a joyful noise unto the LORD all the earth. Psalm 98:4

